

From: Oxford Newcomers and Friends newcomers@oxfordms.com
Subject: November 2020 ONC&F Newsletter
Date: November 1, 2020 at 10:46 AM
To: rosie@oxfordms.com



OXFORD NEWCOMERS *and Friends*



Welcome to November! In addition to our monthly virtual events, from a pertinent **EDUCATIONAL PROGRAM** to the varied book and coffee conversations, ONC&F is trying a mix of new offerings -- gardening tips, book recommendations, and wine ideas. And while we know this holiday season will be very out of the ordinary for many, that's no reason not to enjoy

seasonal recipes. Instead of shared plates, you're invited to share a fave *healthy* recipe (or two)! See details below! And just a reminder - your dues for 2020 have covered your membership for 2021!

ONC&F HEALTHY RECIPE SWAP: What's cookin'? Traditionally, we'd be planning our Thanksgiving potluck, but COVID-19 nixed that. Since we can't share a table, how about a favorite *healthy* recipe instead? Michelle Harvey (mmautheharvey@gmail.com) will collect the recipes and, based on response, figure out how best to get everyone some new menu ideas for staying fit in 2021. Anything goes, from healthy appetizers to main dishes and sides (even healthy desserts), from breakfast and brunch to lunch, dinner, and supper!

Starting off each month on a positive note, ONC&F encourages members to embrace **Five on the Five**. Thursday, November 5th, why not reach out and call five people to say hello and see that they are well and doing okay? The November recommendation is *five people you are thankful for!* If you participate in social media, you can post a selfie with five fingers widespread

participate in social media, you can post a selfie with five fingers widespread when you've completed your calls and use #5onthe5 to promote the endeavor. To read more about this monthly personal connection challenge, visit the website www.5onthe5.com Who adds something positive to your life?

BETTER READ THAN DEAD will meet via Zoom on Thursday, December 3 at 2:00 pm. (Note date - no November meeting.) The book for discussion will be *Where'd You Go, Bernadette?* by Maria Semple. This novel is ingenious and unabashedly entertaining, about a family coming to terms with who they are and the power of a daughter's love for her mother. Zoom coordinator Cathy Williamson will send out the link prior to the meeting. All are welcome! If you would like to join in, just email chair Nancy Muller at maytarie@att.net, and she will be sure you get the link.

BOOK CHAT is the alternative to the traditional book club. Here, participants chat once a month on the last Tuesday at 10:00 am and share *whatever* they have recently read or would like to suggest for others, be it fiction, non-fiction, poetry, or drama. All book lovers are invited; the goal is to encourage each other in our reading adventures. You can discuss recent and favorite books or just listen in for recommendations. Please join us on Tuesday, November 24th and share a favorite read! Click [here](#) to join the Zoom meeting or by going to the Zoom website (<https://Zoom.us>) and entering the meeting ID: 853 9214 9685. Questions? Contact Debra Guyton at debraguyton@bellsouth.net

BOOK CLUB ONE: November's book selection is *Memorial Drive* by Natasha Trethewey. It has been described as "a chillingly personal and exquisitely wrought memoir of a daughter reckoning with the brutal murder of her mother at the hands of her former stepfather, and the moving, intimate story of a poet coming into her own in the wake of tragedy." Book Club One will meet on Zoom on Thursday, November 19th (our customary third Thursday of the month) at 2:00 pm. Click [here](#) to join the Zoom meeting, or connect by going to the Zoom website (<https://Zoom.us>) and entering the meeting ID: 840 7259 8047. All Newcomers and friends are welcome! Chair: Debra Guyton, (251) 490-6690 or debraguyton@bellsouth.net

BOOKS WORTH A LOOK! Each month, Debra Guyton gathers people for BOOK CHAT (see details above). The discussions are free-ranging, thought-provoking, and loads of fun! Here, Debra shares some of the titles recommended during the recent chat, starting with the Pulitzer Prize winning History ***No Ordinary Time: The Home Front in WWII*** by Doris Kearns Goodwin. It's an intriguing look at Eleanor and Franklin's marriage and remarkable partnership, and FDR's White House and its impact on America as well as on a world at war. For those looking for a vacation to Paris and the South of France, we recommend ***The Little Paris Bookshop*** by Nina George. Set on a floating barge along the Seine, this love letter to books—and to the complicated, sometimes broken people who are healed by them—is the next

complicated, sometimes broken people who are healed by them. It's the next best thing to booking a trip to France. For mystery buffs, we recommend ***Bruno: Chief of Police*** by Martin Walker, the first of a series about the food, wine, friendships and, of course, murder in a charming town in the Dordogne region of France. If Italy is your destination of choice, ***Death at La Fenice*** by Donna Leon, the first in the Commissario Guido Brunetti mysteries, will not disappoint. A highly anticipated new work is Oxford's own Wright Thompson's ***Pappyland: A Story of Family, Fine Bourbon, and the Things That Last***. This is the story of how Julian Van Winkle III, the caretaker of the most coveted cult Kentucky Bourbon whiskey in the world, fought to protect his family's heritage and preserve the taste of his forebears, in a world where authenticity, like his product, is in very short supply. Intrigued? Join the Chat!

EDUCATIONAL PROGRAM: Please join us on Wednesday, November 11th at 10:00 am via Zoom for a timely program on how ONC&F members might avoid scams designed to separate us from our hard-earned assets, presented by attorneys Al Cutturini and Ben Wilkerson of North Mississippi Rural Legal Services (NMRLS). Al is the Elder Law Project Director, and Ben is the Low Income Taxpayer Clinic Director and Managing Attorney for NMRLS. Ben will provide strategies to avoid IRS, telephone, and other scams that are currently targeting seniors, while Al will provide an overview of reverse mortgages, and how to know whether this is an option that you should consider. The two presentations will both allow time for questions and answers. Established in 1966, NMRLS started as a training program for law students at the UM School of Law, and now provides attorney representation and advocacy to ensure equal access to Justice for the most vulnerable members of society. Click [here](#) to join the Zoom meeting, or connect by going to the Zoom website (<https://Zoom.us>) and entering the meeting ID: 869 3967 9109 and passcode: 259938. Questions? Contact chair Don Mason, dmason222@gmail.com

GARDENING TIPS FOR NOVEMBER: It's FALL, y'all, and a great time for planting shrubs, trees and summer blooming perennials like daylilies and irises. It's also an ideal time to plant winter and spring annuals such as pansies, violas, dianthus, and ornamental kale and cabbage. For established perennials, cut off spent blooms and brown foliage, making sure to leave the roots intact in the soil. Fall is also the time to prune evergreen shrubs like boxwoods, ligustrums, youpons and hollies, but DO NOT prune spring flowering shrubs. Azaleas, hydrangeas, forsythia, spirea, and quince are already forming buds, and pruning them now will limit the number of blooms you'll have in spring. Once your beds are cleaned and planted, it's a good idea to add fresh mulch to protect your plants from harsh winter temperatures. *Happy gardening from Karen Travillo, Master Gardener, Lafayette County*

READING FAULKNER will meet on Monday, November 9th at 4:00 pm. We will begin our discussion of *Go Down, Moses*, focusing on the first four chapters: "Was," "The Fire and the Hearth," "Pantaloon in Black," and "The Old

People." We'll plan to conclude our discussion of this novel at the December meeting. Click [here](#) to join the Zoom meeting, or connect by going to the Zoom website (<https://Zoom.us>) and entering the meeting ID: 824 2769 1198. For more information about this group, please contact Dianne Fergusson at 662-236-4088 or via email at sdsferg@bellsouth.net

WOMEN'S COFFEE meets virtually twice a month on the 1st and 3rd Fridays. Join us at 9:00 am on Friday, November 6th, when the topic starter will be favorite winter soups, and again on the 20th (topic TBD) for conversation and community. It's so nice to sit and visit without having to leave the comfort of your kitchen or couch! To join the Nov 6th Zoom meeting, click [here](#) or connect by going to the Zoom website (<https://Zoom.us>) and entering the meeting ID: 822 0203 2484 and passcode: HELLO. Zoom questions? Contact Jonell McGivern, jonell52@att.net or (205) 937-2888 Chair: Nellanne Davis, nellanned@aol.com

WONDERING ABOUT THANKSGIVING WINE? Viognier ("Vee-own-yay") is a full-bodied white wine; its French version is named Condrieu for the region in southern France where it originated. How viognier vines came to be planted along a winding section of the Rhône River in Southern France remains a mystery. There is a fable that bandits around Condrieu stole Viognier cuttings from the baggage of Roman legionnaires on their way to Beaujolais a couple of thousand years ago. In the mid-1960s, less than 4 acres were known to be planted anywhere in the world. Currently, there are over 30,000 acres planted in France, the US, Australia, South Africa, and several other European countries. *Viognier was introduced in Virginia in 1989 by Dennis Horton, and at a 1993 California tasting, Horton put Virginia Viognier on the map when his wine won first prize in a California tasting of French and American viogniers.* In May 2011, the Virginia Wine Board approved the marketing of Viognier as "Virginia's signature grape," just as Cabernet Sauvignon is identified with California's Napa Valley and Pinot Noir with Oregon. Virginia's viognier continues to be among the world's best examples of this varietal *at a much lower price point.* Most loved for its perfumed aromas of peach, tangerine and honeysuckle, Viognier can also be oak-aged to add a rich creamy taste with hints of vanilla. If you love to brood over bolder white wines like Chardonnay, Viognier is definitely something you'll like to swirl. It pairs especially well with rich holiday dishes. *Until next month, à votre santé ~ Don Harvey*

ONC&F NOVEMBER CALENDAR

Sunday, Nov 1, **Fall forward one hour** as daylight savings time ends

Tuesday, Nov 3, ELECTION DAY

Thursday, Nov 5, **Five on the Five**

Friday, Nov 6, **Women's Coffee** 9:00 am

Monday, Nov 9, **Reading Faulkner** 4:00 pm
Wednesday, Nov 11, **Educational Program** 10:00 am
Thursday, Nov 19, **Book Club One** 2:00 pm
Friday, Nov 20, **Women's Coffee** 9:00 am
Tuesday, Nov 24, **Book Chat** 10:00 am
Thursday, Nov 26, THANKSGIVING
Thursday, Dec 3, **Better Read Than Dead** 2:00 pm

A NOTE FROM JUDY: Each year ONC&F has a lovely holiday dinner at the country club, and we collect food for The Pantry. Sadly, we cannot gather to celebrate the holidays but this is something we can do. The holidays are always a difficult time for some families in our community, but a reverse Advent Calendar is a wonderful opportunity to involve our families in the true spirit of Christmas. And you don't have to wait until December! ~ *Judy Owen, ONC&F President*

REVERSE ADVENT CALENDAR

EACH DAY ADD AN ITEM TO A BOX.

**ON CHRISTMAS EVE DONATE THE CONTENTS TO A
FOOD BANK.**

- December 1 - box of cereal
- December 2 - peanut butter
- December 3 - stuffing mix
- December 4 - boxed potatoes
- December 5 - macaroni and cheese
- December 6 - canned fruit
- December 7 - canned tomatoes
- December 8 - canned tuna
- December 9 - dessert mix
- December 10 - jar of applesauce
- December 11 - canned sweet potatoes
- December 12 - cranberry sauce
- December 13 - canned beans

December 14 - box of crackers
December 15 - package of rice
December 16 - package of oatmeal
December 17 - package pasta
December 18 - spaghetti sauce
December 19 - chicken noodle soup
December 20 - tomato soup
December 21 - can corn
December 22 - can mixed vegetables
December 23 - can carrots
December 24 - can green beans

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Oxford Newcomers and Friends Executive Committee 2020-21

President: Judy Owen, Sophieandme920@gmail.com

Vice President: Jonell McGivern, jonell52@att.net

Communications: Michelle Harvey, mmautheharvey@att.net

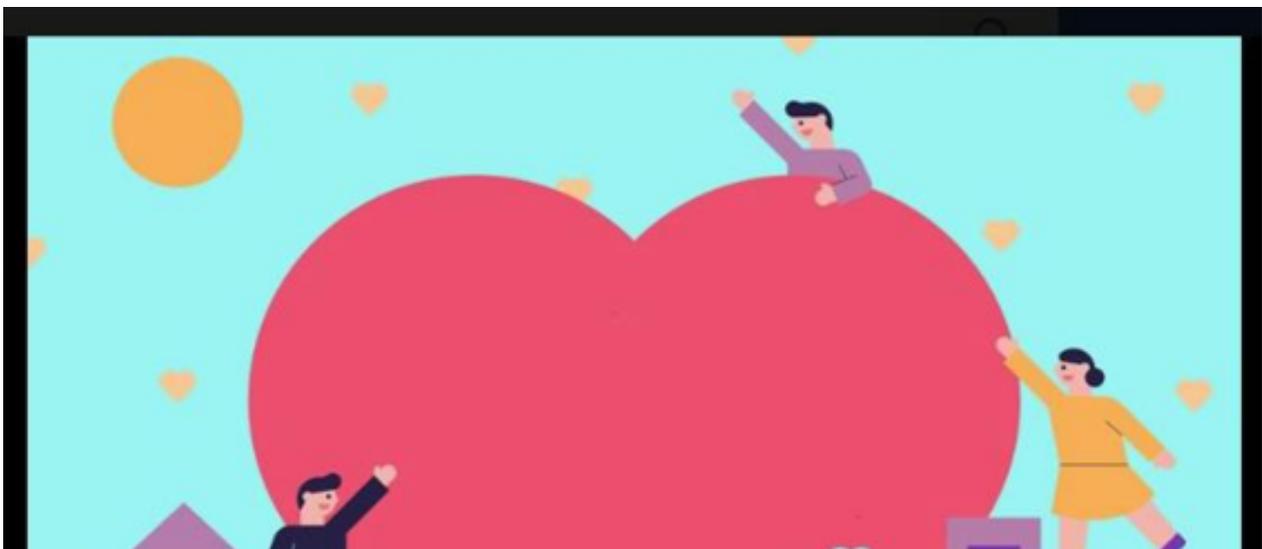
Educational Programs: Don Mason, dmason222@gmail.com

Immediate Past President: Anita Kimery, kimery47@yahoo.com

Membership: Nellanne Davis, nellanned@aol.com

Social Director: Bonnie Siebert, bonnie1017@aol.com

Treasurer: Richard Muller, frotscher60@att.net





Serving Oxford Hotline

If you are symptom free but are over 60 years old; have asthma; heart disease; or diabetes; or are otherwise at risk, experts recommend following the most conservative response of self quarantine. The City of Oxford and Lafayette County are committed to making this easier for our community. Partnered with churches throughout Oxford and Lafayette County, we have set up a hotline that you can call to request assistance with grocery or prescription delivery, and to direct you to more information regarding COVID-19.

We are stronger together.

662-238-2793

Updates to share? Send to ONC&F Communications Chair
Michelle Harvey, mmautheharvey@att.net

Oxford Newcomers and Friends | 903 Maplewood Cove, Oxford, MS 38655

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